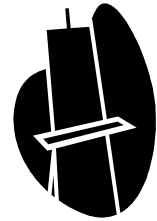
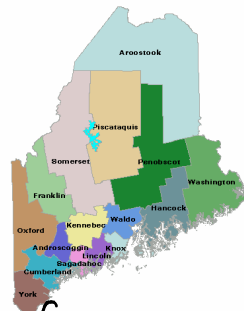
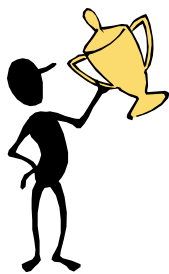


Speaking Up For Us of Maine



Presents

Three Regional Conferences!



You wanted a conference closer to home and more affordable. We listened to you! This year we are hosting three Regional Conferences! Don't worry we'll still be having speakers, workshops, elections, regional meetings, display tables, dinner, awards and dances at all regional events!



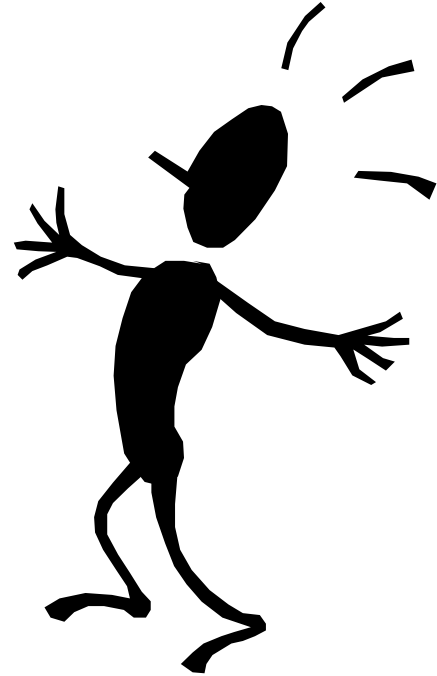
It's My Life

October 15, 2009

Northeastland Hotel

436 Main St.

Presque Isle, ME 04769



Conference Highlights

- Keynote Speaker: Bobby Little
- Emcee: Paul Doucette
- Music/Karaoke by: Randy and Lisa
- Registration 9 to 10 Pm
- Workshops
- SUFU Region 1 Election
- Marcia Rosen Award
- Cash bar
- Costumes optional
- Lunch and Dinner provided
- Questions: Call Gayna 764-1234

Registration Deadline: Oct.2,2009

Stronger Together



October 21, 2009

Jeff's Catering

East West Industrial Park

15 Littlefield Way

Brewer, ME 04412

Conference Highlights

- Keynote Speaker: Rose Davis/Linda Mathis
- Emcee: Alberta Blanchard
- Registration: 9-10Am
- Conference: 10 Am -10 Pm
- Music by: Gary and Linda
- Workshops
- SUFU Region 2 Election
- Marcia Rosen Award
- Soft Drink Machine
- Costumes optional
- Lunch and Dinner provided
- Questions: call Irene 1-877-207-4077

Registration Deadline: Oct.9,2009

Changing Lives

September 29, 2009

Ramada Inn and Conference Center

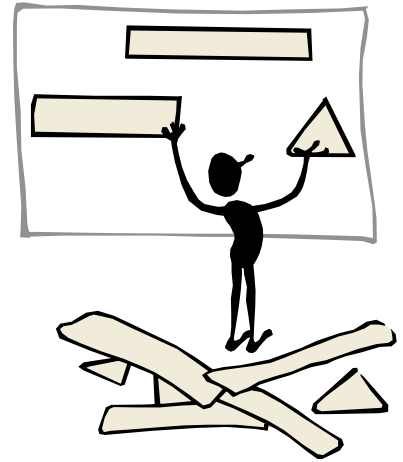
490 Pleasant St.

Lewiston, ME 04240

Conference Highlights

- Keynote Speaker: Vanessa Munsey
- Emcee: Jessica Nevells
- Workshops
- SUFU Region 3,4,5,6 Elections
- Marcia Rosen Awards
- Registration 8-9AM
- Conference 9AM—5 PM
- Lunch and snacks provided
- Dance 7-9 PM with cash bar
- Supper on your own--the Ramada has a buffet available for supper, the cost of the buffet is 7.39 with tax included. There are many other food options available nearby.
- Questions: call Julie 933-4422

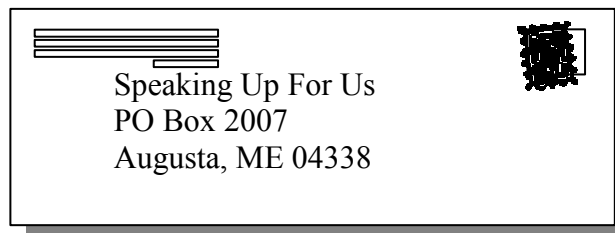
Registration Deadline: September 18, 2009



INSTRUCTIONS

PLEASE READ ALL INSTRUCTIONS BEFORE YOU FILL OUT THE REGISTRATION FORM.

- * Your registration fees includes the workshops, meals, meetings and entertainment
- * **Each individual attending, including support staff, must register and pay.**
- **Select the conference (s) you want to attend. Send \$50.00 check or money order per person, per conference.**
- **One form must be filled out for EACH attendee.**
- * Remember to include any special dietary or accessibility accommodations.
- * All conferences are 1 day events. SUFU will not be providing hotel accommodations.
- **Please fill out side 2 COMPLETELY. Mail form and check or money order by registration deadlines:**



Name: _____

Address: _____

Town/
City: _____

State & Zip
Code: _____

Telephone: _____

Please make sure you include a number in case we have questions to help meet your conference needs.

Dietary Needs: DIABETIC VEGETARIAN BLENDED

Is there an accessibility accommodation we can offer to make your conference experience more enjoyable? _____

I will be attending:

_____ *It's My Life*, in Presque Isle on Oct. 15 (Reg.1)

_____ *Stronger Together*, in Brewer Oct. 21 (Reg.2)

_____ *Changing Lives*, in Lewiston Sept. 29 (Reg. 3-6)

**Review pages 2,3,4 for conference details & deadlines
A registration form must be filled out for each conference attendee and accompanied by a \$ 50.00 registration fee for each conference you plan to attend. No exceptions!**

Please feel free to photocopy this form if needed.

Conference Tips and Information

1. Make arrangements early
2. Plan your transportation
3. Check registration deadline for the conference you plan to attend
4. Read registration carefully or ask a friend, family, support for help
5. Make sure your support knows what you need from them
6. Have any meds you need for the day with you
7. If you need support for your day please have support with you
8. Supports must register too
9. You may want to bring money for vending machine, cash bar or merchandise (tee-shirt, pen, water bottle)
10. If you have questions call the number of the conference you want to attend

Speaking Up For Us
PO Box 2007
Augusta,. ME 04338